

Planning and Supporting Activities (Adult & Children's Services)

1 Outcomes

1.1 Hesley Group aims to provide person centred approaches as set out in our Positive Behaviour Support Policies, [ReS 5.1A](#) (Adults) & [ReS 5.1B](#) (Children), to support people with their daily living activities, health care and behaviour support needs. In addition, it is the Hesley Group's policy that the planning and delivery in relation to a child/person's lifestyle, leisure, out of school education and vocational activities places the person at the centre so that the principles set out below are engaged:

- People are helped to devise and develop their own Activities/Active Support Plan.
- People are involved with their community.
- People are economically active.
- People experience rewarding relationships.
- People engage with and have positive experience of a wide range of leisure, learning, vocational and work activities.
- People's experience reflects their diverse needs, including personal preferences, their race, culture, belief and religion, gender, sexuality and age.

1.2 Hesley Group will review and monitor against these outcomes on an ongoing basis through Multi-Disciplinary Team meetings and Reviews. We will always aim for improvement in the quality of people's experiences.

2 Procedures

2.1 In seeking to achieve the outcomes set out above Practice Guidance, [ReS 4.1.1](#), is attached for use by employees.

Policy No: ReS 4.1

Date of this Policy	Next planned review date
14/06/2021	14/06/2023

3 Standard Forms, Letters and Documents

- 3.1 [Planning and Supporting Activities \(Children's and Adult Services\) Practice Guidance, ReS 4.1.1](#)
- 3.2 [Venue Risk Assessment, ReS 4.1.2](#)
- 3.3 [Risk Analysis and Activity Planner, ReS 4.1.3](#)
- 3.4 [Activity Evaluation Form, ReS 4.1.4](#)
- 3.5 [Swimming – Notes of Guidance, ReS 4.1.5](#)
- 3.6 [Guidelines on the use of Bouncy Castles, ReS 4.1.6](#)
- 3.7 [Guidelines on the use of Trampolines, ReS 4.1.7](#)
- 3.8 [Guidelines on the use of Outdoor Playground Equipment - including Garden Swings and Outdoor Gym Equipment, ReS 4.1.8](#)
- 3.9 [Activity Planner/Timetable, ReS 4.1.9](#)
- 3.10 [Guidelines on the use of Bicycles, ReS 4.1.10](#)
- 3.11 [Outdoor Gym Equipment Weekly Checklist, ReS 4.1.11](#)

4 Other Documents to be Referred to

- 4.1 The Hesley Group Health and Safety Policies
- 4.2 The Health and Safety Executive's publication, Risk assessment - A brief guide to controlling risks:
<https://www.hse.gov.uk/pubns/indg163.pdf>
- 4.3 [Risk Assessment, Policy H&S 1.27](#)
- 4.4 [Holidays and Residential Visits, Policy ReS 4.5](#)