

My keeping safe guide

Bullying



 **Hesley** Group

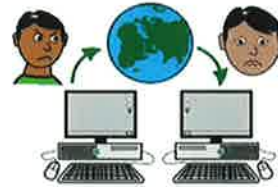
Autism | Learning Disabilities | Complex Needs

Bullying can be

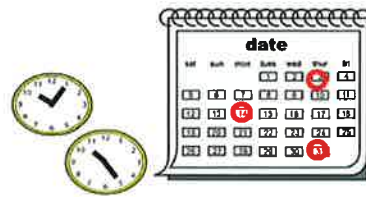
Face to face



On the computer



More than once



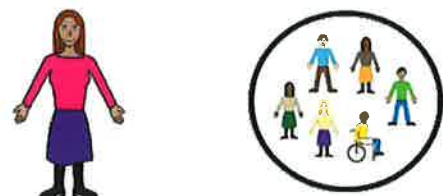
By someone you know



Someone you don't know



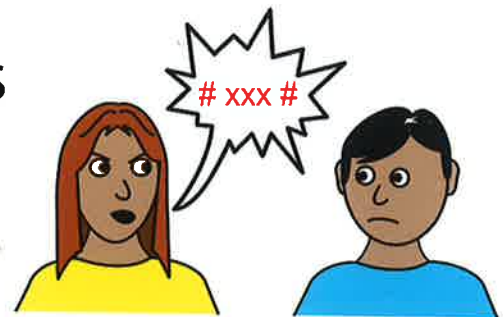
1 person or a group



Different kinds of bullying

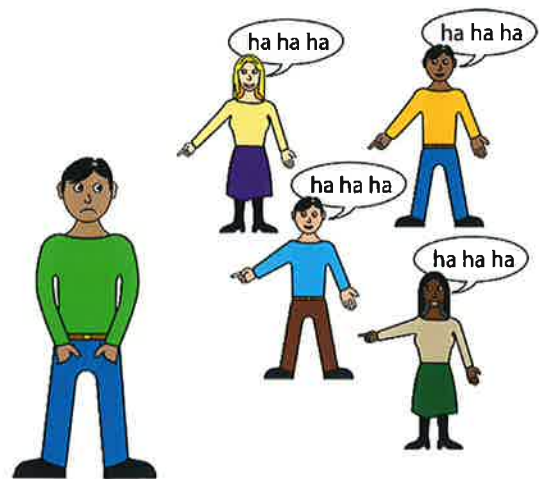
People saying mean things

- Calling you names
- Talking about sex when you don't want them to



Social bullying

- Leaving you out
- Telling lies about you
- Telling people not to be friends with you



Physical bullying

- Hurting you
- Breaking your things



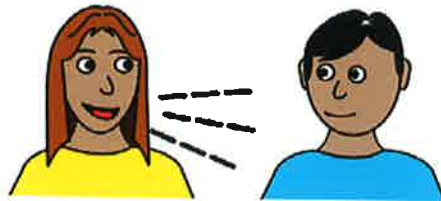
What can you do if you're worried?

You can tell someone



Staff will:

Listen



Get information from those people involved in your care



Help you understand what has happened

Keep you safe

