

HELPWorks at Hesley

At the centre of supporting people positively in Hesley services is our modern, ethical approach to positive behavioural support: the **Hesley Enhancing Lives Programme – HELP.**

HELPWorks comprises the activity and values of every member of the Hesley Group team, working together to ensure HELP is delivered to the highest possible standard.

It's everything we do!



HELP could not be effective without the framework provided by the excellent staff of all disciplines and departments, the positive values of Hesley, the focus on progressive workforce development, the high quality facilities providing class-leading therapeutic settings; and a range of other key components.

This framework of key elements, with HELP, together represent **HELPWorks** – the essence of what we do at Hesley, to give children, young people and adults with autism, learning disabilities and complex needs, as much as we can, to support them to achieve and progress.

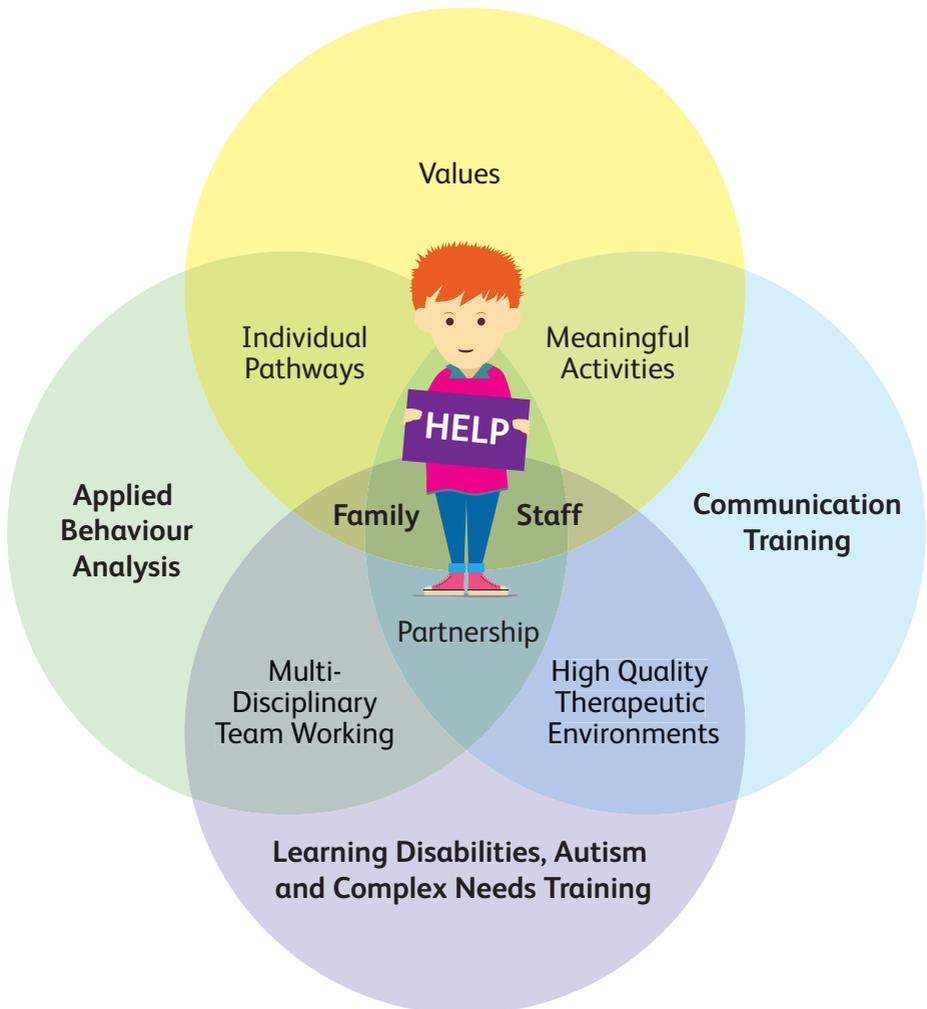
HELPWorks encompasses a number of key components which all inter-link. They include:

- The Hesley Enhancing Lives Programme (HELP) – a modern, ethical approach to positive behavioural support, based on the principles of Therapeutic Crisis Intervention (TCI) and Applied Behavioural Analysis (ABA). HELP teaches us to recognise that our actions and reactions powerfully shape the emotional well-being and development of those we support.
- The Values of the group – of being person-centred, outcome focused and quality driven – and of being intent on keeping those who live in our services safe – and happy.
- The belief that the collective, positive efforts of ALL our staff, at every level and in every department of every service, are vital in enabling the positive progress of those we support – AND of each member of staff too. EVERYBODY is important – those who live in services and staff.
- A commitment to ensuring that each person who lives in services has their own individual pathway to facilitate their ongoing sustainable positive progress.
- An emphasis on meaningful person-centred educational, vocational and other activities.
- The provision of high quality, purpose-built, evolving therapeutic environments and of extensive therapeutic green space.
- Experienced, highly trained staff in every service, supported by a workforce development team who ensure ongoing training of staff matches the evolving needs of those they support.
- An experienced and expert multidisciplinary therapeutic team, including occupational and speech therapists, psychologists and applied behavioural analysts, psychiatrists and therapy assistants, working directly with people in services; and with staff teams to inform and support their work.

- A belief in close and respectful partnership working, with those who live in services and their families, with care managers and commissioners and with regulatory agencies and all others key to supporting those with complex needs.

HELPWorks

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